6: Belo E-5 (1931-1934) 1935
OF7 Bali OF7

superior. It would seem that a great deal of the "carefulness" in the manner of the Balinese springs from his habit of adjusting his position according to the laws of his cosmology and his social group. The other great factor is the habitual avoidance of any impulsive movement which could shock or otherwise momentarily disturb the feeling of well-being in the body.

The individual Balinese moves slowly, with deliberation. Westerners, seeing for the first time films representing the Balinese at their daily tasks, are immediately struck by the slow tempo of their actions. If a man seated in one pavilion of his house-court suddenly wishes to show something which is in another pavilion, he will rise to his feet and saunter across the intervening space, quite as if he were going for a casual stroll. He will never hurry, as we would, eager to grasp the object which has come to mind. There is plenty of time, and to hurry would be unusual, unnecessary, and stupid—a waste of energy. Walking along the roads, each individual progresses with an even, measured step. The custom is to walk in single file, probably because the trails are narrow, and even today when the gravel covered motor roads are used for long distance walking, there is only a narrow track at the side which is comfortable to bare feet. Rarely does one individual walking in the single file pass another, for all go at the same rhythmic pace. This pace seems to be kept over long distances as well as short, and is hardly influenced when the walker carries a medium load (about forty pounds). Women carry such a load with facility, balanced on their heads. Men usually carry much heavier weights, divided in two parcels, one of which is slung at either end of a bamboo pole balanced on the shoulder. Invariably when the load is heavy (a hundred pounds or so) the man with the shoulder bar proceeds at a short run, almost a trot, and he keeps up this pace without ever slowing down to a walk. The idea is not to get there more quickly; but the motion of the trot vibrates the pliant shoulder-bar, so that the weights at either end swing up and down, thus relieving the pressure on the shoulder. This pace however has become customary to people heavily laden, and a woman bearing on her head one of the large offerings of rice, fruit, and cakes (often a cone four or five feet high) will proceed with the same accelerated steps that the men use under their heavy shoulder-bars.

A test of the evenness of the habitual pace, kept up over long distances, came on the occasion of an annual ceremony at a temple on the southernmost shore. A Balinese whose house stood next to